

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 8:30 - Hydration Cart 9:30 - Morning Social 10:00 - Group Activity - Trivia 11:00 - Reminiscing Group 2:00 - Afternoon BINGO 3:00 - Social Hour / Music 4:00 Group Activity - Social	2 8:30 Hydration Cart 9:30 News & Views / Trivia 10:00 Parachute / Music 11:00 Crossword Puzzle 2:00 Let's be Creative ARTS & CRAFTS / Social 3:00 Reminiscing Group	3 8:30 Hydration Cart 9:30 News / Exercise 10:00 International Trivia 11:30 Outdoor BBQ / Music 2:00 Waffles with Ice Cream Social Hour / Music 3:00 Word Search / Trivia	4 8:30 Hydration Cart 9:30 Group Activity 10:00 Dance class Exercise 11:00 Name that Movie star 2:00 Painting Creation 3:00 Coffee Social / Music 4:00 1-1 Room Visits	5 8:30 Hydration Cart 9:30 Thai Chi Exercise 10:00 What would you do??? 11:00 Physical Activity 2:00 Happy Hour Friday 2:00 Catholic Service Rosary - Communion	6 8:30 Hydration Cart 9:30 Morning Social 10:00 Group Exercise 11:00 Physical activity 2:00 Power of Deliverance Church Service / Social 4:00 - Group Activity		
7 8:30 Hydration Cart 9:30 Coffee Social - News 10:00 Group Exercise - Music 11:00 Finish the Phrase 2:00 Religion with Rey 3:00 Board Games - Music 4:00 1-1 Room Visits - Music	8 8:30 Hydration Cart 9:30 News & Exercise 10:00 Racket Ball / Tennis 11:00 Presidential Trivia 2:00 Afternoon BINGO 3:00 Outdoor Activity - Music 4:00 Charade & Trivia	9 8:30 Hydration Cart 9:30 Group Activity / News 10:00 Yoga on TV 11:00 Music Relaxation 2:00 The Price is Right 3:00 Social Hour / Music 4:00 Movie Matinee	10 8:30 Hydration Cart 9:30 Work Out Exercise 10:00 Concentration 11:30 Outdoor BBQ / Music 2:00 Crossword Puzzle 3:00 Young at Heart Trivia 4:00 1-1 Room Visits	11 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Roll the Dice Trivia 11:30 Group Activity - Music 2:00 Baking Club with Laura 3:00 Down Memory Lane 4:00 Comedy Central	12 8:30 Hydration Cart 9:30 Seniors Aerobics 10:00 Finish the Phrase 11:00 Keep Minds Alert 2:00 CATHOLIC MASS 2:00 Outdoor Social Hour Pina Colada / Music	13 8:30 Hydration Cart 9:30 Morning Social / Music 10:00 American Trivia 11:00 Finish that tune/Music 2:00 Ebenezer Christian Service - Social Hour 4:00 1-1 Room Visits		
14 8:30 Hydration Cart 9:30 Morning News & Coffee 10:00 Word Search - Trivia 11:00 Young at heart / Music 2:00 Family Horseracing 3:00 Coffee Social - Music 4:00 1-1 Room Visits <small>Flag Day (U.S.)</small>	15 8:30 Hydration Cart 9:30 Floor Bowling - Music 10:00 Arts and Crafts 11:00 Basketball - Exercise 2:00 Afternoon BINGO 3:00 Massage Therapy Music Sensory - Trivia	16 8:30 Hydration Cart 9:30 Presidential Trivia 10:00 Group Exercise / Music 11:00 Group Sensory 2:00 Taco Tuesday 3:00 Roll the Dice Trivia 4:00 Welcome Committee	17 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Juneteenth Trivia 11:30 Outdoor BBQ / Music 2:00 Homemade Pizza Party 3:30 Music Relaxation 4:00 Group Activity - Music	18 8:30 Hydration Cart 9:30 Word Search / Trivia 10:00 Physical Activity 11:00 Table Games / Music 2:00 Everything Ice Cream Social - Music 4:00 Small Group Activity	19 8:30 Hydration Cart 9:30 Morning Social 10:00 Floor Bowling - Music Group Exercise - Sensory 2:00 Catholic Visits - Rosary 3:00 Stress Relaxation <small>Juneteenth</small>	20 8:30 Hydration Cart 9:30 Name that Movie Star 10:00 Physical Activity 11:00 Remember 1950's 2:00 Afternoon Bingo 3:00 Reminiscing Group 4:00 1-1 Room Visits		
21 8:30 Hydration Cart 9:30 Seniors Aerobics 10:00 Father's Day Brunch 2:00 Father's Day Special Music Entertainment 3:00 Music Relaxation 4:00 Board Games - Music <small>Father's Day</small>	22 8:30 Hydration Cart 9:30 Group Exercise 10:00 Parachute with Music 11:00 Group Activity - Trivia 2:00 Afternoon Bingo 3:00 Outdoor Relaxation 4:00 Social Hour - Music	23 8:30 Hydration Cart 9:30 Coffee Social / News 10:30 Outburst Trivia 11:00 Group Discussion 2:00 Summer Auction 3:00 Music Sensory 4:00 1-1 Room Visits	24 8:30 Hydration Cart 9:30 Daily News / Exercise 10:00 12 Months Trivia 11:30 Outdoor BBQ / Music 2:00 Sip and Paint Social 3:00 Social Hour / Music Relaxation / Movies	25 8:30 Hydration Cart 9:30 Physical Games 11:00 Group Activity / Trivia 2:00 June Birthday Party Social hour / Music 3:00 Let's be Creative 4:00 Afternoon Social	26 8:30 Hydration Cart 9:30 Current Events 10:00 Exercise Group Tennis / Floor Bowling 2:00 Happy Hour Friday 3:00 One to One Trivia 4:00 Stress Relaxation	27 8:30 Hydration Cart 9:30 Group Exercise 10:00 Morning Social 11:00 Group Activity - Music 2:00 Family Bingo - Social 3:00 Group Sensory 4:00 1-1 Room Visits		
28 8:30 Hydration Cart 9:30 Current Events / Social 10:00 Group Activity / Music 11:00 Balloon Toss - Trivia 2:00 POKENO GAMES 3:00 Group Discussion 4:00 Social Hour / Music	29 8:30 Hydration Cart 9:30 Group Exercise - Music 10:00 what would you do??? 11:00 Physical Activity 2:00 Resident Council 3:00 Roll for the dice Trivia 4:00 Welcome Committee	30 8:30 Hydration Cart 9:30 Morning Activity 10:00 Music Sensory 11:00 Keep'em Laughing 2:00 Outdoor Activity 3:00 Outdoor Relaxation 4:00 Social Hour - Music						

June 2026