

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1>January 2026</h1>													
8:30 Hydration Cart 9:30 Morning Exercise 10:00 Parachute - Sensory 11:00 Word Search - Trivia 2:00 DEAL OR NO DEAL 2:00 Catholic Visits 4:00 Movie Matinee	4	8:30 Hydration Cart 9:30 Racket Ball Exercise 10:00 Finish that Tune 11:00 Remember 1950's 2:00 AFTERNOON BINGO 3:00 Group Sensory 4:00 Board Games - Music	5	8:30 Hydration Cart 9:30 Group Morning Activity 10:00 Challenge Games 11:00 History Circle 2:00 FINISH THE PHRASE FAMILY SOCIAL HOUR 4:00 Keep'em Laughing	6	8:30 Hydration Cart 9:30 New Year Resolution 10:00 New Year Social hour 11:30 Hollywood Trivia 2:00 Board Games / Social 3:00 Group Activity / Music 4:00 Comedy Central	7	8:30 Hydration Cart 9:30 Group Activity 10:00 Basketball Exercise 11:00 Physical Activity 2:00 The Price is Right 3:00 Group Discussion 4:00 stress Relaxation	8	8:30 Hydration Cart 9:30 Morning Social 10:00 You be the Judge 11:00 Physical Activity 2:00 Catholic Mass 3:00 Friday Happy Hour SIP AND PAINT	9	8:30 Hydration Cart 9:30 Morning Exercise 10:00 Hand Massage MANICURES - Coffee 2:00 Ebenezer Church 3:00 1-1 Room Visits 4:00 Social Hour - Music	10
8:30 Hydration Cart 9:30 Group Exercise - Trivia 10:00 Group Sensory - Music 11:00 Painting Creation 2:00 Horse Racing - Social 3:00 Social Hour - Music 4:00 1-1 Room Visits	11	8:30 Hydration Cart 9:30 Morning Exercise 10:00 Parachute with Music 11:00 Charade - Trivia 2:00 AFTERNOON BINGO Social Hour 4:00 Do you remember	12	8:30 Hydration Cart 9:30 Morning Social 10:00 Deal or No Deal 11:00 Yahtzee - Trivia 2:00 Everything Ice Cream 3:00 Tables Games 4:00 1-1 Sensory / Music	13	8:30 Hydration Cart 9:30 Coffee Social - Exercise 10:00 Finish that tune 11:30 Name that Movie star 2:00 WINTER AUCTION Social Hour - Music 4:00 Table talk - Sensory	14	8:30 Hydration Cart 9:30 Basket ball Exercise 10:00 Table games - Sensory 11:00 What would you do 2:00 ARTS AND CRAFTS 3:00 Do you Remember 4:00 Music Sensory	15	8:30 Hydration Cart 9:30 Coffee Social 10:00 Group Sensory - Trivia 11:00 What would you do 2:00 Friday Happy Hour RESIDENT BIRTHDAY PARTY - LIVE ENT	16	8:30 Hydration Cart 9:30 News and Views 10:00 Manicures Hand Massage 2:00 FAMILY BINGO - Social 3:00 Group Sensory - Music 4:00 Stress Relaxation	17
8:30 Hydration Cart 9:30 Name that Movie star 10:00 Thai Chi Exercise 11:00 Floor Bowling 2:00 Family POKENO 3:00 Catholic Visits 4:00 Welcome Committee	18	8:30 Hydration Cart 9:30 Discussion MLK 11:00 Geographic Trivia 2:00 Afternoon Bingo 3:00 Music Therapy - Social 4:00 Reminiscing Group	19	8:30 Hydration Cart 9:30 Morning Exercise 10:00 Arts and Crafts 11:00 You be the judge 2:00 Are you Smarter than a 5th Grader Q&A 4:00 Room visits - Social	20	8:30 Hydration Cart 9:30 Exercise / Tennis 10:00 Floor Bowling 11:30 Finish that tune 2:00 Horseracing Game 3:00 Board Games - Trivia 4:00 Music Relaxation	21	8:30 Hydration Cart 9:30 Group Exercise / News 10:00 Floor Bowling 11:00 Let's be creative 2:00 HOMEMADE PIZZA PARTY WITH MARIO 4:00 Movie time / Social	22	8:30 Hydration Cart 9:30 Group Activity 10:00 Remember 1950's 11:00 Floor Bowling - Music 2:00 Friday Happy Hour Strawberry Daiquiri 4:00 Stress Relaxation	23	8:30 Hydration Cart 9:30 YOGA on TV 10:00 Racket Ball Exercise 11:00 Group Activity 2:00 Family Bingo / Social 3:00 Social Hour Coffee 4:00 1-1 ROOM VISITS	24
8:30 Hydration Cart 9:30 Coffee Social 10:00 Group Activity 11:00 Reminiscing Group 2:00 Religion with REY 3:00 Crossword Puzzle 4:00 Movie time - Social	25	8:30 Hydration Cart 9:30 Senior Exercise 10:00 12 months Trivia 11:00 Young at Heart - Trivia 2:00 Resident Council Meeting - Social 4:00 Social Hour & Coffee	26	8:30 Hydration Cart 9:30 Current Events 10:00 Table talk - Sensory 11:00 Name that movie star 2:00 Staff Music Karaoke 3:00 Group Discussion 4:00 Stress Relaxation	27	8:30 Hydration Cart 9:30 Group Exercise 10:00 American Trivia 11:00 Black History Trivia 2:00 WAFFLES WITH ICE CREAM SOCIAL 4:00 Reminiscing Group	28	8:30 Hydration Cart 9:30 Coffee Social - Exercise 10:00 Finish that Song 11:00 Reminiscing Group 2:00 Group Discussion Board Games - Trivia 4:00 Welcome Committee	29	8:30 Hydration Cart 9:30 Morning Social / Coffee 10:00 Physical Games -Trivia 11:30 Takeout Friday Applebee's for Lunch 2:00 Friday Happy Hour 4:00 Stress Relaxation	30	8:30 Hydration Cart 9:30 Morning Exercise 10:00 Hand Massage MANICURES - Coffee 2:00 HOT Chocolate/ Trivia 3:00 Sensory - Room Visits 4:00 Social Hour - Music	31