

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 Hydration Cart 9:30 Coffee Social - News 10:00 Group Exercise-Music 11:00 Finish the Phrase 2:00 Afternoon Bingo Game 3:00 Board Games - Music 4:00 1-1 Room Visits - Music	2 8:30 Hydration Cart 9:30 Group Activity - News 10:00 Table Bowling - Music 11:00 Board Games - Trivia 2:00 Horse Racing Game 3:00 Keep'em Laughing 4:00 Music Relaxation	3 8:30 Hydration Cart 9:30 News and Exercise 10:00 Word Search Trivia 11:00 Memory Sharing 2:00 Let's be Creative (Arts) Christmas Ornaments 3:00 Finish the Phrase	4 8:30 Hydration Cart 9:30 What would you do 10:00 Crossword Puzzle 11:00 Young at heart Trivia 2:00 What would you do Reminiscing Group 3:00 Board Games - Trivia 4:00 1-1 Room Visits	5 8:30 Hydration Cart 9:30 Physical Activity 10:00 Finish that tune 11:00 Group Sensory - Trivia 2:00 Friday Happy Hour 3:00 Table talk - Sensory 4:00 Movies (Sound of Music)	6 8:30 Hydration Cart 9:30 News and Exercise 10:00 Group Activity 2:00 Power & Deliverance Church - Holidays Service 3:00 Social Hour - Music 4:00 Christmas Movies
7 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 What would you do 11:00 1-1 Floor Bowling 2:00 Deal Or NO Deal Trivia 3:00 Music Sensory 4:00 Welcome Committee	8 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Racket Ball - Sensory 11:00 Name that Movie star 2:00 Family bingo 3:00 Are you Smarter than a 5th Grater - Trivia	9 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Group Sensory - Trivia 11:00 Floor Bowling 2:00 National Brownie Day Brownies with Ice Cream 4:00 Movie time - Social	10 8:30 Hydration Cart 9:30 Yoga Class - Music 10:00 Parachute - Sensory 11:30 Concentration - Trivia 2:00 Dancing with the Staff - Music sensory 4:00 Social Hour - Movies	11 8:30 Hydration Cart 9:30 Group Exercise / Music 10:00 1-1 Trivia - Sensory 11:00 Remember 1960's 2:00 Gingerbread House 3:00 Finish that song - Trivia 4:00 Comedy Central	12 8:30 Hydration Cart 9:30 Dance Class Exercise 9:45 Brentwood middle School Performance 11:00 Group Activity 2:00 Resident Birthday Party Happy Hour - Live ENT 4:00 1-1 Room Visits	13 8:30 Hydration Cart 9:30 Morning Exercise 10:00 Roll the dice Trivia 11:00 Monopoly Game 2:00 Ebenezer Church Group Social Hour - Music 4:00 Room Visits - Movies
14 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Parachute - Sensory 11:00 Physical Activity 2:00 Happy Hanukkah Social Hour - Music 4:00 Afternoon Social Hour Hanukkah Begins	15 8:30 Hydration Cart 9:30 Morning Social - News 10:00 Left Right Center 11:00 Word Search Trivia 2:00 Holidays Bingo 3:00 Music Sensory 4:00 Do you Remember	16 8:30 Hydration Cart 9:30 Group Sensory - Music 10:00 Volley Ball - Sensory 11:00 Board Games - Trivia 2:00 Homemade Pizza Party 3:00 Keep'em Laughing 4:00 Stress Relaxation	17 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Geographic Trivia 11:30 Let's talk about Xmas 2:00 National Cup Cake Baking Club with Laura 4:00 Group Activity - Movies	18 8:30 Hydration Cart 9:30 YOGA on TV 10:00 Brentwood High School 11:00 Finish that song 2:00 Hot Chocolate Social Music - Christmas Trivia 4:00 1-1 Room Visits	19 8:30 Hydration Cart 9:30 Group Exercise - Music 10:00 Concentration 11:00 Presidential Trivia 2:00 Friday Happy Hour Strawberry Daiquiri Social 4:00 Music Relaxation	20 8:30 Hydration Cart 9:30 Stretch and Flex 10:00 Manicures 11:00 History Circle 2:00 Family Bingo (MDR) Group Activity - Social 4:00 Holidays Movies
21 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Outburst Trivia 11:00 Down Memory Lane 2:00 Religion with REY 3:00 Social Hour - Trivia 4:00 Music Relaxation Winter Begins	22 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Finish that tune 11:00 Floor Bowling 2:00 Pick your own gift Holidays Family Bingo 3:00 One to One Sensory	23 8:30 Hydration Cart 9:30 Group Activity - Sensory 10:00 Racket Ball Exercise 11:00 Finish the Phrase 2:00 Resident Christmas Party - Music - Food 4:00 Music Relaxation	24 8:30 Hydration Cart 9:30 Morning Social Hour 10:00 Group Exercise - Music 11:00 Hot Chocolate & Trivia 2:00 Everything Ice Cream Waffle with Ice Cream 4:00 Music Relaxation	25 MERRY CHRISTMAS 9:30 News - Group Exercise 10:00 Floor Bowling 11:00 Group Activity 2:00 Family Christmas Time Family Bingo - Social 3:00 Movie - The Holiday 4:00 Social Hour - Music Christmas	26 8:30 Hydration Cart 9:30 Basketball Game 10:00 Reminiscing Group 11:30 Takeout Friday Chinese Food - MUSIC 2:00 Friday Happy Hour Music - food - Drinks 4:00 Music Relaxation	27 8:30 Hydration Cart 9:30 Physical Games 10:00 Hand Massage Manicures - Social 11:00 Jewelry Class 2:00 Afternoon Bingo Group Discussion - Music
28 8:30 Hydration Cart 9:30 Chair Exercise 10:00 Group Activity 11:00 American Trivia 2:00 POKENO Games 3:00 Reminiscing Group 4:00 Matinee Movies	29 8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Volley ball - Tennis 11:00 Table Games - Trivia 2:00 Resident Council Meeting - Social 4:00 Group Sensory Trivia	30 8:30 Hydration Cart 9:30 Thai Chi Exercise 10:00 New year Discussion 11:00 Reminiscing Group 2:00 Last Bingo of the year 5:00 Resident Dinner party Music - Food - Prizes	31 8:30 Hydration Cart 9:30 Let's be Creative 10:00 Finish that Song 11:00 Board Games - Music 2:00 The Price is Right 3:00 12 Months Trivia 4:00 Music Relaxation New Year's Eve	December 2025 		
MERRY CHRISTMAS		HAPPY HANUKKAH		HAPPY NEW YEAR		ROSS CENTER FOR NURSING & REHAB