

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 What would you do 11:00 1-1 Floor Bowling 2:00 Deal Or NO Deal Trivia 3:00 Music Sensory 4:00 Welcome Committee</p>	<p>2</p> <p>8:30 Hydration Cart 9:30 Coffee Social - News 10:00 Group Exercise-Music 11:00 Finish the Phrase 2:00 Afternoon Bingo Game 3:00 Board Games - Music 4:00 1-1 Room Visits - Music</p>	<p>3</p> <p>8:30 Hydration Cart 9:30 Group Activity - News 10:00 Table Bowling - Music 11:00 Finish the Phrase 2:00 Taco' Tuesday Social 3:00 Keep'em Laughing 4:00 Music Relaxation</p>	<p>4</p> <p>8:30 Hydration Cart 9:30 News and Exercise 10:00 Word Search Trivia 11:00 Memory Sharing 2:00 Let's be Creative (Arts) Christmas Ornaments 3:00 Finish the Phrase</p>	<p>5</p> <p>8:30 Hydration Cart 9:30 What would you do 10:00 Crossword Puzzle 11:00 Young at heart Trivia 2:00 Christmas Sing along 3:00 Board Games - Trivia 4:00 1-1 Room Visits</p>	<p>6</p> <p>8:30 Hydration Cart 9:30 Physical Activity 10:00 Finish that tune 11:00 Group Sensory - Trivia 2:00 Happy Hour (MDR) 2:00 Catholic Visits (West DR) 4:00 Movies (Sound of Music)</p>	<p>7</p> <p>8:30 Hydration Cart 9:30 News and Exercise 10:00 Power & Deliverance Church - Holiday Service 2:00 Christian Service Bible Study (West DR) 4:00 Christmas Movies</p>
<p>8</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Parachute - Sensory 11:00 Physical Activity 2:00 Religion with Rey 3:00 1-1 Sensory - Trivia 4:00 Afternoon Social Hour</p>	<p>9</p> <p>8:30 Hydration Cart 9:30 Morning Exercise 10:00 Racket Ball - Sensory 11:00 Name that Movie star 2:00 Family bingo 3:00 Let's be Creative Homemade Christmas cards</p>	<p>10</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Group Sensory - Trivia 11:00 Floor Bowling 2:00 National Brownie Day Brownies with Ice Cream 4:00 Movie time - Social</p>	<p>11</p> <p>8:30 Hydration Cart 9:30 Yoga Class - Music 10:00 Parachute - Sensory 11:30 Concentration - Trivia 2:00 Dancing with the Staff - Music sensory 4:00 Social Hour - Movies</p>	<p>12</p> <p>8:30 Hydration Cart 9:30 Group Exercise / Music 10:00 1-1 Trivia - Sensory 11:00 Remember 1960's 2:00 Gingerbread House 3:00 Finish that song - Trivia 4:00 Comedy Central</p>	<p>13</p> <p>8:30 Hydration Cart 9:30 Dance Class Exercise 10:00 Floor Bowling 11:00 Group Activity 2:00 Catholic Mass / Visits 3:00 Happy Hour - Music 4:00 1-1 Room Visits</p>	<p>14</p> <p>8:30 Hydration Cart 9:30 Morning Exercise 10:00 Ebenezer Church 10:00 Latina Moms Choir Live Christmas Concert 2:00 Afternoon Family Bingo 4:00 Room Visits - Movies</p>
<p>15</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Outburst Trivia 11:00 Down Memory Lane 2:00 Matinee Xmas Movie Miracle on 34th street 4:00 Welcome Committee</p>	<p>16</p> <p>8:30 Hydration Cart 9:30 Morning Social - News 10:00 Left Right Center 11:00 Word Search Trivia 2:00 Holidays Bingo 3:00 Music Sensory 4:00 Do you Remember</p>	<p>17</p> <p>8:30 Hydration Cart 9:30 Group Sensory - Music 10:00 Volley Ball - Sensory 11:00 Board Games - Trivia 2:00 Homemade Pizza Party 3:00 Keep'em Laughing 4:00 Stress Relaxation</p>	<p>18</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Geographic Trivia 11:30 Let's talk about Xmas 2:00 National Cup Cake Baking Club with Laura 4:00 Group Activity - Movies</p>	<p>19</p> <p>8:30 Hydration Cart 9:30 YOGA on TV 10:00 Hollywood Trivia 11:00 Finish that song 2:00 Hot Chocolate Social Music - Christmas Trivia 4:00 1-1 Room Visits</p>	<p>20</p> <p>8:30 Hydration Cart 9:30 Group Exercise - Music 10:00 Concentration 11:00 Presidential Trivia 2:00 Happy Hour (MDR) 2:00 Catholic Visits Bible Study (West DR)</p>	<p>21</p> <p>8:30 Hydration Cart 9:30 Stretch and Flex 10:00 Manicures 11:00 History Circle 2:00 Family Bingo (MDR) 2:00 Christian Service Bible Study (West DR) Winter Begins</p>
<p>22</p> <p>8:30 Hydration Cart 9:30 Chair Exercise 10:00 Group Activity 11:00 American Trivia 2:00 Religion with Rey 3:00 Reminiscing Group 4:00 Matinee Movies</p>	<p>23</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Finish that tune 11:00 Floor Bowling 2:00 Pick your own gift Holiday Family Bingo 4:00 Welcome Committee</p>	<p>24</p> <p>8:30 Hydration Cart 9:30 Group Activity - Sensory 10:00 Racket Ball Exercise 11:00 Finish the Phrase 2:00 Resident Christmas Party - Music - Food 4:00 Music Relaxation</p>	<p>25</p> <p>MERRY CHRISTMAS 9:30 Morning Social Hour 10:00 Group Exercise - Music 11:00 Christmas Parade (tv) 2:00 Family Christmas Time Social hour - Music 4:00 Music Relaxation Christmas</p>	<p>26</p> <p>8:30 Hydration Cart 9:30 News - Group Exercise 10:00 Floor Bowling 11:00 Group Activity 2:00 Resident Birthday Party - Music 3:00 Happy Kwanzaa/Social Kwanzaa</p>	<p>27</p> <p>8:30 Hydration Cart 9:30 Basket Ball Game 10:00 Reminiscing Group 11:30 Takeout Friday ITALIAN FOOD - MUSIC 2:00 Last Happy Hour 2:00 Catholic Visits (West DR) 4:00 Music Relaxation</p>	<p>28</p> <p>8:30 Hydration Cart 9:30 Physical Games 10:00 Religious with Rey 11:00 Jewelry Class 2:00 Afternoon Bingo (MDR) 2:00 Christian Service Bible Study (West DR)</p>
<p>29</p> <p>8:30 Hydration Cart 9:30 Chair Exercise 10:00 Group Activity 11:00 American Trivia 2:00 Horse Racing Game 3:00 Reminiscing Group 4:00 Matinee Movies</p>	<p>30</p> <p>8:30 Hydration Cart 9:30 Exercise Group - Music 10:00 Volley ball - Tennis 11:00 Table Games - Trivia 2:00 Resident Council Meeting - Social 4:00 Group Sensory Trivia</p>	<p>31</p> <p>8:30 Hydration Cart 9:30 Thai Chi Exercise 10:00 New year Discussion 11:00 Reminiscing Group 2:00 Double the Money Family Bingo 4:00 1-1 Rooms Visits New Year's Eve</p>				

MERRY CHRISTMAS

HAPPY HANUKKAH

HAPPY KWANZAA

&

HAPPY NEW YEAR

ROSS CENTER FOR NURSING & REHAB